

The Martial Artists Code

- **Clothing** – You should always wear appropriate clothing whilst training. E.g. Dobok or if a beginner tracksuit/shorts/t-shirt. Jeans are not permitted. No jewellery is allowed and long hair must be tied back.
- **Food** – Do not eat food or chew gum whilst in the Dojang. Soft drinks are permitted but must be kept in a safe place in the Dojang away from being spilt.
- **Punctuality** – Being late for training at Wune Tang Academy is not an option. You are expected to arrive at least 5 minutes before the start of the session.
- **Respect** – Always show respect to coaches, judges, officials and other Martial Artists.
- **Listen** – Make sure you follow the instructions of your coach and ask if you are not sure.
- **Phones** – Mobile phones should not be used during sessions unless there is an emergency. Turn your mobile phone off whilst in the Dojang.
- **Effort** – Support, cheer and encourage your team mates at competition and whilst training.
- **Pride** – Take pride in your work and your academy.
- **Inform** – Pass on your art, give others the chance to experience what you enjoy.

